

Specific Learning Difficulties & Mental Health Services: Unlocking your hidden talents

Little is known as to how people with Dyslexia and Specific Learning Difficulties (SpLD) respond to mental health services.

The Mental Health Foundation is conducting a study to help teachers, educational psychologists, speech therapists and GPs better understand the mental health of someone with SpLD.

The first step in this study is to talk to people about the barriers of developing communications skills:

- People with SpLD: Dyspraxia, Development Co-ordination Disorder, Dyscalculia Attention Deficit (Hypersensitivity) Disorder
- Friends and family of those with SpLD
- Carers, support workers, and other health professionals who help people with SpLD

Do you have something to say?

We will be hosting four 'Meet Ups' in four North Wales locations to interview project participants and invite you to complete a short questionnaire.

- Conwy: 12.02.15 10am-2pm Conwy Business Park, Llandudno Junction
- Wrexham: 22.01.15 10am-2pm Alyn Waters Country Park, Mold Rd
- Flintshire: 23.01.15 10am-2pm Beaufort Park Hotel, New Brighton Mold
- Denbighshire: 09.02.15 1pm-3pm Wellington Rd Community Centre, Wellington Rd Rhyl

Travel costs will be covered and refreshments will be provided.

Help us make a difference! Email:

Mental Health Foundation - David Crepaz-Keay dcrepaz-keay@mentalhealth.org.uk
Positive Approach - Andrea Hughes email: Andrea.positiveapproach@gmail.com