



'Working With Not To' Meet-up 3, Open Space Workshops - Afternoon session

We had booked the meeting room at Conwy business centre for the morning, and realised it was £20.00 more for the whole day - so we decided to share this space as an asset to the group.

Immediately following Meet-Up 3 we offered the room as an 'open space' to anyone who wanted to continue the conversations from the morning session or start new ones...

Workshop 1 "Time-banking: Setting up a new informal or formal Time-bank in North Wales?" facilitated by Pam Luckock, 'Working With Not To' Co-production Project

Workshop 2 'Coproducting social enterprise: can people who use social care services take the lead?' facilitated by Ann Collis, Barod.

Rebecca Rimmer

Mary Harrison

Rachel Hughes,

Lindsay Haveland, Community Transport Assoc.

Leah Milsom

Carol Walsh, making the Connections Gwynedd, Mantell Gwynedd

Mark Cooper, Flintshire C.C.

After introductions and sharing of our purpose for joining the group, we explored what already existed both locally and further afield in Wales

We made the following discoveries:

- Patchwork Shares Timebank - covering the coastal regeneration area of Denbighshire and Conwy
- The Trefnant Group - Lorraine Bruce
- Pending Timebanks in Bangor, Flintshire, Wrexham & Llangollen
- Spice- Becky Booth
- Timebank Wales - Geoff Thomas
- Wales Co-Production Network

Vibrant discussions! ranging from the benefits of time banks to ideas about how we could develop and improve awareness, co-ordination and access in North Wales. The discussions focused on:

What could the Timebank of the future look like?

1. What's there already? In North Wales:

Patchwork shares

Lorraine Bruce : Trefnant group (contact Lorraine for information)

Pending groups in

Bangor, Flintshire, Wrexham, Llangollen

In Wales:

Timebank Wales

Spice

Coproduction wales

2. Benefits

need would take precedence over greed

Lower suicide rate

There'd be no more poor people, we'd all want to help each other

No barriers/ self service

3. HOW?

- Exploit technology
- Self support
- Happy, empowered, equality, respect
- Emotional intelligence would increase
- Skills shared and received then taught and learned
- Have more time to self and doing things you enjoy

4. ACTIONS / intentions

A. Would love to start a Time-bank for single parents in Colwyn bay

B. I want to set up a Time bank in Ruthin , Denbigh / Llangollen
& community groups associated

C. Going to investigate the current status of Patchwork Shares timebank

D. I am going to check legalities DBS liability

- What could be the purpose of the email group?
- Who else needs to be in the conversation?
- What could be achieved by this group?
- What will you offer to support this group?

We look forward to hearing from anyone interested in joining this group,
please contact Pam at Pam@workingwithnotto.com

Social Enterprise Open Space Workshop - Ann Collis **Workshop 2 'Coproducting social enterprise: can people who use** **social care services take the lead?'**

For more information please contact ann@barod.org www.barod.org

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